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A Pocket Guide to Understanding Alzheimer’s Disease and Other Dementias, Second Edition

Dr James Warner and Dr Nori Graham

If you or a loved one are worried about Alzheimer’s disease or other types of dementia, this pocket guide will help you to better understand the conditions, and how they are diagnosed and treated. Written by leading dementia experts, this book provides clear and concise information on:

- Symptoms
- Diagnosis and treatments
- Getting help and support
- Tips for people living with dementia
- Advice for carers

This is a fully-updated edition of the popular Understanding Alzheimer’s Disease and Other Dementias, which featured on the Reading Well Books on Prescription for Dementia scheme.

“This ‘pocket’ sized guide packs a full sized punch. It answers in clear terms all the important questions about dementia. Dispels much of the stigma and misunderstanding associated with the disease. Offers practical guidance and support, and will be especially valuable to those who are carers.”

– Angela Rippon, CBE

“Rarely has a book made such a difference to me than this one. When I was having tests and assessments which resulted in a dementia diagnosis this book was my supporting prop. It removed my fear and gave me answers to the questions I confronted. An essential book for all.”

– Keith Oliver, Alzheimer’s Society Ambassador, KMPT NHS Dementia Envoy

“An older relative, neighbour or one of your patients or clients who you think may have dementia, this factual and plainly written guide is the perfect introduction.”

– Baroness Elaine Murphy, Vice President of the Alzheimer’s Society

“A diagnosis of dementia always provokes many questions. The Pocket Guide to Dementia provides the answers straightforwardly, engagingly and accessibly, dealing with both the medical science and the day-to-day practicalities, with helpful tips and case histories. I heartily recommend this book to people with dementia and those that love them.”

– Dr Amanda Thompsett, Consultant Old Age Psychiatrist, Chair for the Old Age Faculty, Royal College of Psychiatrists

“This is the book I wish I’d had while accompanying my mother on her long dementia journey. The information we were desperate for is here, the questions we asked are answered - clearly, simply, and with some great practical tips. It could make all the difference to caregivers.”

– Sally Magnusson, author of Where Memories Go and founder of the charity Playlist for Life
Will I Still Be Me?
Finding a Continuing Sense of Self in the Lived Experience of Dementia
Christine Bryden

What does a dementia diagnosis mean for an individual’s sense of self? Christine Bryden shares her insider view on living with dementia and explains how a continuing sense of self is possible after diagnosis and as the condition develops.

Encouraging a deeper understanding of how individuals live meaningfully with dementia, the book challenges the dominant story of people with dementia ‘fading away’ to eventually become an ‘empty shell’. It explores what it means to be an embodied self with feelings and emotions, how individuals can relate to others despite cognitive changes and challenges to communications, and what this means for the inclusion of people with dementia in society.

My Book about Brains, Change and Dementia
What is Dementia and What Does it Do?
Lynda Moore

‘Sometimes, a person’s brain gets sick with a disease called dementia.’

What does dementia do to the brain? And how can we help if someone we know, like a parent or a grandparent, has the disease?

This book breaks down misconceptions about dementia and speaks directly to children aged under 5 about the realities of the disease, using age appropriate language in an engaging and informative way. It reassures parents of the value of open and honest conversation about the challenges raised by dementia and offers advice and support in the opening ‘Guide for grown ups’. It includes a diverse audience of characters, to emphasise that ANY child can be impacted by dementia in their loved ones. Unlike traditional storybooks, the ending provides a question for the adult and child reading it to ponder together.

“Every school, every public library, every nursing home, and at home caregivers should have a copy of this book on hand for when needed.”
– Ryan A. Franklin (Librarian) – Netgalley review
Essentials of Dementia
Everything You Really Need to Know for Working in Dementia Care

Dr Shibley Rahman and Professor Rob Howard
Forewords by Karen Harrison Dening and Kate Swaffer

eISBN:9781784507541

To provide high quality dementia care, professionals need to be both knowledgeable about dementia and skilled in the provision of care. This introductory reference guide will help students, professionals and practitioners develop their skills and expertise to better respond to the needs of people with dementia.

Based on the standard course structure for higher and further dementia education, this wide-ranging textbook covers topics including dementia diagnosis, person-centred care and law, ethics and safeguarding. The new go-to book for the dementia curriculum, it is an invaluable tool for anyone wishing to improve the required core skills and values needed to care for those affected by dementia.

“The book can be read from start to finish, but each chapter also acts as a stand-alone guide to the subject covered. I would recommend this for healthcare professionals from any setting or background who work with people with dementia, and it should be mandated reading for medical students.”

– Dr Zoe Wyrko, Consultant Physician, University Hospital Birmingham

Reducing the Symptoms of Alzheimer’s Disease and Other Dementias
A Guide to Personal Cognitive Rehabilitation Techniques

Jackie Pool

eISBN:9781784509927

This innovative new book sets out practical guidance for people with dementia, their families and carers on reducing the symptoms of Alzheimer’s disease and other dementias. Applying a ‘rementia’ based approach to dementia care, Jackie Pool shows how therapeutic cognitive rehabilitation techniques can be used to reduce symptoms of dementia and ultimately improve quality of life for people living with dementia.

Covering topics such as nutrition, stress, communication, memory and sleep, it provides all the tools and information necessary to build a personalised and flexible self-care plan which will improve and sustain quality of life. By clearing away the myths and stigma surrounding dementia, this book creates room for cooperation, creativity and hope.
Yoga for Dementia
A Guide for People with Dementia, Their Families and Caregivers
*Tania Plahay
Foreword by Martin Green


Based on the findings of a pilot therapeutic yoga programme for people with dementia in care homes, this book offers substantial yoga sequences, breathing exercises, meditations and mindfulness exercises for improving symptoms associated with dementia. It offers an innovative Reminiscence Yoga approach, which uses sounds, music, guided imagery and familiar actions to stimulate memories. The book demonstrates the many benefits of yoga for people with dementia, and describes the ways that each yoga exercise can be adapted for people of different abilities.

“I have been diagnosed with dementia of the Alzheimer type for 11 years. I started practicing yoga 10 years ago, one year after diagnosis. Yoga has helped me with balance, breathing and emotional challenges due to my dementia.

This book was one of the best I have read – clear instructions, visually easy to follow, lots of explanations on why and which moves will help you personally. I loved it and will personally recommend it to my fellow yogis. Namaste.”

– Agnes Houston, MBE

Sharing Sensory Stories and Conversations with People with Dementia
A Practical Guide
*Joanna Grace


Sensory Stories contain just a few lines of text, and are brought to life through a selection of meaningful sensory experiences. They have been shown to be highly effective in helping care for people with dementia, and can enable them to engage with their memories, life history and more, in a way that would otherwise not be possible. Despite these benefits, there is very little guidance on how to incorporate this approach in everyday care.

This book looks at how sensory engagement can help someone with dementia feel safe and secure, minimise their anxieties, support their cognitive abilities, as well as other benefits. Full of practical advice, this book provides everything you need to put Sensory Stories into practice. Written at a level suitable for both family members and practitioners, this innovative book will be invaluable for anyone supporting a person with dementia.
Adaptive Interaction and Dementia
How to Communicate without Speech
Dr Maggie Ellis and Professor Arlene Astell
Illustrated by Suzanne Scott

This guide to Adaptive Interaction explains how to assess the communication repertoires of people with dementia who can no longer speak, and offers practical advice for those who wish to interact with them.

Outlining the challenges faced by people living with advanced dementia, this book shows how to relieve the strain on relationships between them, their families, and professional caregivers. It includes assessment tools and guidance on how to build on the communication repertoire of the individual with dementia using nonverbal means including imitation, facial expressions, sounds, movement, eye gaze and touch. With evidence and case studies based on the authors’ research, Adaptive Interaction can be used as the basis for developing interactions without words with people living with dementia.

“At last a book that is written in a way that everyone can understand and use in their daily work. Person-centred and practical, this is something that will without doubt change the lives of people affected by dementia.”

– Cathy Baldwin, Organisational Development Manager (Quality), Alzheimer’s Society

Young Onset Dementia
A Guide to Recognition, Diagnosis, and Supporting Individuals with Dementia and Their Families
Hilda Hayo, Alison Ward, and Jacqueline Parkes
Foreword by Wendy Mitchell

Providing key information and insight into the experiences of people living with young onset dementia, this book will help health and social care professionals in the early recognition, diagnosis and support of young people with dementia and their families.

The book explores the experiences of people living with a diagnosis through detailed case studies, and gives advice for the better provision of support and care. It explains the need for adapting services which are often designed for older people, and how the complicated diagnostic process can lead to misdiagnosis among younger people. Key issues are considered, including at-risk groups, work, changes in personal and family relationships, readjusting life expectations and plans, and social isolation.

“A significant addition which critically and constructively examines the key issues around Young Onset Dementia. This book will enhance the body of knowledge and help the movement towards greater support and understanding.”

– Keith Oliver, Alzheimer’s Society Ambassador and KMPT NHS Dementia Envoy
**Sensory Modulation in Dementia Care**
Assessment and Activities for Sensory-Enriched Care
*Tina Champagne*

Understand and assess the sensory needs of people with dementia, and learn how to implement sensory modulation-based approaches for enriched care.

Drawing on the author’s Sensory Modulation Program, this approach aids with self-organization and meaningful participation in life activities. Explaining sensory-processing issues specific to older populations, this book provides a downloadable assessment tool to help review individual sensory-processing patterns. It includes a range of sensory-based activities which can be carried out with people at all stages of dementia, both with individuals and in groups. The book also provides recommendations for modifying physical environments to make care settings sensory-enriched.

“*Warm, wise and well-researched, it offers essential insights, practical strategies, and sensory-smart solutions that can help our parents, grandparents, and clients feel safe and secure and engage optimally in tasks and activities that give lives meaning and purpose.*”

– *Lindsay Biel, OTR/L, Occupational Therapist, Co-author of Raising a Sensory Smart Child*

**Teaching Empathy and Conflict Resolution to People with Dementia**
A Guide for Person-Centered Practice
*Camron Camp and Linda Camp*

Introducing a new model of dementia care that reflects on the role of a person with dementia within a community and their relationships, this guide for professional and family caregivers demonstrates how to facilitate positive relationships for peaceful living.

By understanding the cognitive and physical challenges that older adults with dementia face, caregivers can practice empathic care that affords people with dementia increased freedom of expression and independence. Included here are techniques for conflict resolution that enable people with dementia to be active and self-initiating in times of distress and disruption. Looking at the basics of respect, empathy, and mindfulness, this book also provides hands-on training for employing these virtues in practice with exercises to help achieve peaceful independent living.

“A short, insightful book that reminds us to see people living with dementia first and foremost as people whose human rights need to be recognised and respected.”

– *Ian Andrew James, Challenging Behaviour Trust Lead for Older People and Consultant Clinical Psychologist, Northumberland Tyne and Wear NHS Trust*
Poetry and Dementia
A Practical Guide
John Killick

2017 | £16.99 | $27.95 | 144pp | PB | ISBN-9781785921766 |
eISBN-9781784504489

Poetry is an engaging and inclusive activity for older people that can help develop memory, imagination and identity. This book provides guidance on setting up and monitoring poetry projects for people living with dementia in group care homes and individual families. It explains the benefits of creative expression, and shows how to facilitate poetry reading and writing groups in different environments.

Specific techniques for introducing poetry to older people can be employed by family members or professional care staff. The ethical issues of running poetry projects in dementia care are explored along with examples of poetry produced by individuals and groups, interviews with care workers, and case studies.

“In this book, John offers a wealth of advice, guidance and resources that emanate from a lifetime of work in using poetry to hear the voices of people with dementia and to capture their lived experience. John carefully explains the craft of using poetry as a medium for positive person-centred work and in doing so makes this book compulsory reading for anyone interested in poetry and dementia.”
– Maria Pasiecznik Parsons, Chief Executive, Creative Dementia Arts Network

Dementia, Sex and Wellbeing
A Person-Centred Guide for People with Dementia, Their Partners, Caregivers and Professionals
Danuta Lipinska

Foreword by Caroline Baker, Afterword by Sally Knocker

eISBN-9781784504250

Despite being integral parts of all our identities, sexuality, sex and intimacy are what many would call the Last Taboo in dementia care, usually seen as ‘problem behaviours’ to be stopped and dealt with.

Informed by a combination of compassion and accessible neuroscience, Lipinska shows that the human need for intimacy, attachment and sexual expression is as important for supporting people with dementia as communication and care. It examines the cognitive changes that occur in dementia and what these changes mean in the context of sexual behaviour and consent. Taking Carl Rogers’ Core Conditions and Tom Kitwood’s psychological needs of persons living with dementia as a starting point, Lipinska offers a unique model for person-centred conversations about sex and sexuality that we have not seen before.

“Wonderful... The case studies are really helpful in helping us to understand all aspects of dementia, sex and wellbeing.”
– Caroline Baker, Director of Dementia Care, Barchester Healthcare
This concise guide provides practitioners with the tools for working with complex mental capacity issues. Focusing on developing communication and reflexivity skills to improve assessments and positively impact the capacity of individuals, it sets out how to achieve excellent ethical standards in assessments of mental capacity and best interests.

This innovative and sensitive guide to providing spiritual care to people with dementia features original methods drawn from the author's experiences of working with over 1,000 individuals with dementia. It provides creative new ways for chaplains to connect with patients whose spiritual needs are all too often neglected.

Ranging from the author’s personal experience, factual information about different kinds of dementia and the challenges of pastoral care, it provides instructions for staging a multi-sensory spiritual care intervention with patients. Included are links to exclusive online resources of the author’s video presentations and photographs for use in treatment.

This insightful work will prove an essential resource for all chaplains working with people living with dementia, and will enable them to achieve both exceptional patient care and a sense of personal accomplishment.

“This will be a great resource for care homes and day services for older adults, particularly those living with memory loss and cognitive difficulties.”

– Jackie Pool DipCOT, UK Head of Memory Care and Programming, Sunrise Senior Living
Moving into Residential Care
A Practical Guide for Older People and Their Families
Colleen Doyle and Gail Roberts

2017 | £10.99 | $18.95 | 176pp | PB |

Written for people making the move in to a care home, or the families and staff about to assist them, this book is an antidote to the psychological stress this transition can have on older people. It provides essential tips to guide people along the way from deciding to move to settling in to their new surroundings.

“A move to residential care is a major life transition, often occurring when people are already facing other challenges, such as illness or bereavement. For those contemplating such a move and their loved ones, Moving into Residential Care is an excellent resource for understanding both the practicalities and the psychosocial supports needed to help each person navigate the process.”

– Allen Power, MD, Schlegel Chair in Aging and Dementia Innovation, Schlegel U. Waterloo Research Institute for Aging, Ontario, Canada

Supporting Older People Using Attachment-Informed and Strengths-Based Approaches
Imogen Blood and Lydia Guthrie

Jul 2018 | £19.99 | $29.95 | 248pp | PB |

The first practical guide to cover the basics of attachment theory and how it can be applied to improve the wellbeing of older adults in care. The Care Act 2014 proposed a radical shift to a preventative, strengths-based approach to social care, and this book includes tools for frontline health and care workers to adapt this policy into practice.

Developing a Relational Model of Care for Older People
Creating Environments for Shared Living
James Woodward and Jenny Kartupelis

May 2018 | £17.99 | $29.95 | 168pp | PB |

Clears away misconceptions surrounding the care of the elderly and persuasively argues for a new approach based on interpersonal relationships. It brings together an array of evidence and incisive theory to generate a new understanding of how we can tackle some of the most pressing questions in our society.

Group Music Activities for Adults with Intellectual and Developmental Disabilities
Maria Ramey

2017 | £25.99 | $39.95 | 176pp | PB |

This versatile collection of 100 group music activities is the perfect sourcebook to provide insight to music therapists, and inspiration to those familiar with working with adults but in need of fresh ideas.

Self-Neglect and Hoarding
A Guide to Safeguarding and Support
Deborah Barnett

Feb 2018 | £19.99 | $29.95 | 264pp | PB |

Hoarding and self-neglect are estimated to be a factor in 20% of social workers’ cases when working with older people or adults with mental health issues. This guide introduces the patterns of self-neglect and how challenging they can be to identify with practical strategies for assessment, intervention and support.
**International Perspectives on Reminiscence, Life Review and Life Story Work**
*Edited by Faith Gibson*
*Foreword by Barbara Haight*

**Counselling and Psychotherapy with Older People in Care**
*A Support Guide*
*Felicity Chapman*

**Effective Self-Care and Resilience in Clinical Practice**
*Dealing with Stress, Compassion Fatigue and Burnout*
*Edited by Sarah Parry*
*Foreword by Paul Gilbert*

**Spirituality in Hospice Care**
*How Staff and Volunteers Can Support the Dying and Their Families*
*Edited by Andrew Goodhead and Nigel Hartley*
*Foreword by Rt Revd Dr Barry Morgan*

This book collates the latest research developments and evidence-base for reminiscence, life review and life story work in a single volume. Charting the wide applications for narrative therapeutic methods, the book emphasises the effectiveness of these approaches with people from different cultural backgrounds.

Evidence-based practice and specific interventions are described in order to address the growing rate of mental health issues in older adults in care. This professional support guide for psychotherapists, counsellors and carers explains how to approach and work with this specific demographic along with integrated case studies.

“[...] This book provides clinicians with a manual filled with real life accounts that are honest and heart-warming. Readers are led on a journey of belief that older people in care still have much to teach and share and deserve to be provided with opportunities to work through a variety of psychological issues. It is to be commended to anyone who cares about the well-being of older adults.”

– Julianne Whyte, OAM, CEO and Founder of the Amaranth Foundation

A compilation of experiences that depicts the use of compassion as a means of improving practitioner wellbeing, with direct effects on therapeutic work. First-hand insights and ideas are offered for developing practice through a framework of compassion.

An edited collection that offers personal and professional perspectives of what spiritual care is and how it can be understood in relation to end of life and palliative care. With contributions from doctors, artists, volunteers and more, this book shows how spiritual care is not just the prerogative of chaplains.
**Young Onset Dementia**
*A Guide to Recognition, Diagnosis, and Supporting Individuals with Dementia and Their Families*

*Hilda Hayo, Alison Ward, and Jacqueline Parkes*

*Foreword by Wendy Mitchell*


Shows practitioners how to deliver effective care and support for people with young onset dementia.

---

**Confused, Angry, Anxious?**

*Why working with older people in care really can be difficult, and what to do about it*

*Bo Hejskov Elven, Charlotte Agger, and Iben Ljungmann*


Older people who live in care facilities can feel powerless, and care staff often aren’t effectively trained to deal with the subsequent behaviours. New research in psychology and dementia addresses these issues with innovative theories and practical approaches.

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**Understanding Behaviour in Dementia that Challenges, Second Edition**

*A Guide to Assessment and Treatment*

*Ian Andrew James and Louisa Jackman*

*2017 | £25.00 | $35.00 | 320pp | PB | ISBN-9781785922640 | ISBN-9781784505516*

Recent revisions of the Newcastle Challenging Behaviour Model have prompted the second edition of this guide to assessing and treating a range of behaviours when caring for older people with dementia. New material includes the use of physical restraint during personal care, lies and deception, end of life issues, and racism towards care staff.

---

**Living Better with Dementia**

*Good Practice and Innovation for the Future*

*Shibley Rahman*

*Forewords by Kate Swaffer, Chris Roberts, and Beth Britton*


Identifying current global policy challenges for living well with dementia, this book tackles controversial topics at the forefront of public and political debate, and highlights pockets of innovation and good practice from around the world to inform practical solutions for living well with dementia in the future.

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**Dementia, Culture and Ethnicity**

*Issues for All*

*Edited by Julia Botsford and Karen Harrison Dening*

*Foreword by Alistair Burns*


This book explores the relationship between dementia, culture and ethnicity, looking at the latest evidence and research to determine the impact of diversity on dementia care services. By examining the key issues and providing suggestions for change, this book shows how dementia professionals can provide culturally appropriate care for all.
**UNDERSTANDING DEMENTIA**

**How We Think About Dementia**  
*Personhood, Rights, Ethics, the Arts and What They Mean for Care*  
*Julian C. Hughes*  
2014 | £19.99 | $39.95 | 248pp | PB  
An accessible overview of the complex philosophical and ethical underpinnings of dementia and dementia care.

**Understanding Learning Disability and Dementia**  
*Developing Effective Interventions*  
*Diana Kerr*  
2007 | £19.99 | $36.95 | 200pp | PB  
ISBN-9781846426759  
How all professionals providing services in dementia care can better support those with a learning disability.

**DEMENTIA CARE**

**Reducing the Symptoms of Alzheimer’s Disease and Other Dementias**  
*A Guide to Personal Cognitive Rehabilitation Techniques*  
*Jackie Pool*  
NOV 2018 | £16.99 | $24.95 | 176pp | PB  
ISBN-9781784509927  
A step-by-step guide to building a personalised self-care plan for reducing the symptoms of dementia.

**Essentials of Dementia**  
*Everything You Really Need to Know for Working in Dementia Care*  
*Dr Shibley Rahman and Professor Rob Howard*  
Foreswords by Karen Harrison Dening and Kate Swaffer  
JAN 2018 | £19.99 | $29.95 | 240pp | PB  
ISBN-9781784507541  
An introductory guide to essential topics, research and evidence-based practice within dementia care.

**Excellent Dementia Care in Hospitals**  
*A Guide to Supporting People with Dementia and their Carers*  
*Jo James, Beth Cotton, Jules Knight, Rita Freyne, Josh Pettit and Lucy Gilby*  
With contributions by Nicci Gerrard and Julia Jones  
Foreword by Tommy Dunne  
2017 | £16.99 | $24.95 | 192pp | PB  
ISBN-9781784503727  
Hospital workers are increasingly expected to have the knowledge and skills to care for people with dementia. This best-practice guide presents key information and strategies for working with people with dementia in hospitals to manage common issues. With a focus on person-centred care, this is an essential resource for healthcare staff.

**Developing a Relational Model of Care for Older People**  
*Creating Environments for Shared Living*  
*James Woodward and Jenny Kartupelis*  
MAY 2018 | £17.99 | $29.95 | 168pp | PB  
ISBN-9781784506651  
A fresh look at the ways in which we relate to and care for the elderly.

**Key Issues in Evolving Dementia Care**  
*International Theory-based Policy and Practice*  
*Edited by Anthea Innes, Fiona Kelly and Louise McCabe*  
Foreword by June Andrews  
2012 | £24.99 | $42.50 | 264pp | PB  
ISBN-9781849052429  
Contributors from across the globe examine theoretical, policy and practice issues.
This fourth edition contains all the latest research on the use of the PAL Instrument, new information on using the PAL Checklist to carry out sensory interventions and information about how a new online PAL tool supports the book. It features photocopiable activity checklists and plans that help to match users’ abilities with activities.

“This isn’t another exercise in form-filling to look good; it’s packed with photocopiable “instruments” and plans, and very believable case studies. Highly recommended.”

– Caring Times

**Positive Psychology Approaches to Dementia**

*Edited by Chris Clarke and Emma Wolverson*

*Foreword by Christine Bryden*

2016 | £24.99 | $39.95 | 288pp | PB |

ISBN-9781849056106 | EISBN-9781849050771

Extending the field of positive psychology, this book explores how positive psychological constructs relate to living well with dementia. Looking at current evidence, and with case studies from people living with dementia, this book shows how positive psychological concepts can be applied to practice to achieve good dementia care.

**Risk Assessment and Management for Living Well with Dementia**

*Charlotte L. Clarke, Heather Wilkinson, John Keady and Catherine E. Gibb*

2011 | £16.99 | $32.95 | 128pp | PB |

ISBN-9780857005199

A guide to assessing risk and applying theory to practice; covering the key issues in risk perception, assessment and management in dementia care.

**Ethical Issues in Dementia Care**

*Making Difficult Decisions*

*Julian C. Hughes and Clive Baldwin*

2006 | £15.99 | $29.95 | 144pp | PB |

ISBN-9781843103578 | EISBN-9781846425585

Considers common ethical decisions in dementia care.

**Decision-Making, Personhood and Dementia**

*Exploring the Interface*

*Edited by Deborah O’Connor and Barbara Purves*

2009 | £19.99 | $34.95 | 224pp | PB |

ISBN-9781846425408

Explores the importance of personhood and the underlying complexities of decision-making for those with dementia.

This book presents a practical framework for whole person assessment of persons with dementia who are in need of, or already receiving, health and/or social support. The book provides photocopiable assessment forms, guidelines for carrying out assessment, and suggestions for interventions based on the profile that emerges from the assessment.

“It is often easier to adopt the value of person-centred care without being clear what it means in terms of day-to-day practice reality. This book excels at being very clear about exactly what the processes involve and gives suggestions for how they should be undertaken.”

– Research, Policy & Planning
Adaptive Interaction and Dementia
How to Communicate without Speech
Dr Maggie Ellis and Professor Arlene Astell
Illustrated by Suzanne Scott
EISBN-9781784504717
Practical interventions for communicating with people in the advanced stages of dementia who are no longer able to speak.

Teaching Empathy and Conflict Resolution to People with Dementia
A Guide for Person-Centered Practice
Cameron Camp and Linda Camp
EISBN-9781784507374
Strategies and techniques for developing conflict resolution skills and empathetic behaviour in people living with dementia.

Dementia, Sex and Wellbeing
A Person-Centred Guide for People with Dementia, Their Partners, Caregivers and Professionals
Danuta Lipinska
Foreword by Caroline Baker, Afterword by Sally Knocker
EISBN-9781784503734
A practical guide to understanding and supporting sexuality and sexual expression in people with dementia.

International Perspectives on Reminiscence, Life Review and Life Story Work
Edited by Faith Gibson
Foreword by Barbara Haight
NOV 2018 | £27.99 | $45.00 | 432pp | PB | ISBN-9781785923920
EISBN-9781784507442
Bringing together advances in theoretical understandings and practice of reminiscence, life review, and life story work.

Person-Centred Dementia Care, Second Edition
Making Services Better with the VIPS Framework
Dawn Brooker and Isabelle Latham
Exploring issues related to person-centred care for people with dementia, this new edition of a bestselling book shows how to provide care services that enable people to live well. The book looks at working in a person-centred way from diagnosis to end-of-life care, referencing recent developments and applications of the VIPS model.
“A great text and a must-read for all care workers and managers!”
– Christine Bryden, Dementia Advocate

Embracing Touch in Dementia Care
A Person-Centred Approach to Touch and Relationships
Luke Tanner
Foreword by Danuta Lipinska
2017 | £17.99 | $29.95 | 256pp | PB | ISBN-9781785921094 | EISBN-9781784503734
Providing clear answers for one of the most taboo challenges facing dementia care professionals today, this book instructs carers on how to re-evaluate their use of physical contact to create a more effective, person-centred care system, through training exercises on consent and non-verbal communication.

Comforting Touch in Dementia and End of Life Care
Take My Hand
Barbara Goldschmidt and Niamh van Meines
Illustrated by James Goldschmidt
Simple hand massage techniques for carers looking to connect with and comfort people with dementia.
**Enhancing Health and Wellbeing in Dementia**

*A Person-Centred Integrated Care Approach*

*Dr Shibley Rahman*

Forewords by Sube Banerjee and Lisa Rodrigues, Afterword by Lucy Frost


Focusing on how to support the wellbeing of people with dementia in care homes and home care, and based on the latest research and evidence, the book tackles head on the barriers to excellent dementia care, and engages with the latest initiatives that promote health and wellbeing.

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**Leadership for Person-Centred Dementia Care**

*Buz Loveday*


Equips readers with the practical skills, knowledge and confidence necessary to lead person-centred dementia care.

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**Personalisation and Dementia**

*A Guide for Person-Centred Practice*

*Helen Sanderson and Gill Bailey*


How to deliver personalised services and support for people with dementia through simple, evidence-based person-centred practices.

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**A Practical Guide to Delivering Personalisation**

*Person-Centred Practice in Health and Social Care*

*Helen Sanderson and Jaimee Lewis*


Guide to delivering personalisation in health and social care using person-centred approaches. It covers what personalisation and person-centred approaches are, and how to carry it out with all those receiving care and support.

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**Intellectual Disability and Dementia**

*Research into Practice*

*Edited by Karen Watchman*


Essential guide to the latest international research and evidence-based practice in the field of dementia and intellectual disabilities, exploring the implications for support and services.
Creating Culturally Appropriate Outside Spaces and Experiences for People with Dementia

Using Nature and the Outdoors in Person-Centred Care

Mary Marshall and Jane Gilliard


Create appropriate outdoor spaces and experiences to improve well-being for people with dementia.

Early Psychosocial Interventions in Dementia

Evidence-Based Practice

Edited by Esme Moniz-Cook and Jill Manthorpe


Examining early psychosocial interventions in dementia care, this evidence-based guide to practice brings together the knowledge and experience of professionals across the UK and Europe.

WRITE FOR US

We welcome ideas for new books in all the areas in which we publish; chaplaincy, spiritual care, practical theology, religious studies, mental health, complementary therapies, autism, gender diversity, education, social work and more.

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“JKP feels like a big family – we’re all working together to make the world just a little bit better through words and pictures. As an author, I love the fact that JKP never shy away from difficult topics; they encourage innovation and they’re always ready with a cuppa if I need some support.”

– Pooky Knightsmith

ACTIVITIES AND CREATIVE IDEAS

Poetry and Dementia

A Practical Guide

John Killick

2017 | £16.99 | $27.95 | 144pp | PB | ISBN-9781785921766

A guide to facilitating the writing and reading of poetry with people who have dementia for improved mental health and wellbeing.

The Multi-Sensory Reminiscence Activity Book

52 Weekly Group Session Plans for Working with Older Adults

Sophie Jopling and Sarah Mousley

2017 | £24.99 | $40.00 | 240pp | PB | ISBN-9781785922398

Guidance and 52 session plans for running multi-sensory group sessions for older adults.

Sharing Sensory Stories and Conversations with People with Dementia

A Practical Guide

Joanna Grace


Shows how to use sensory stimulation to help people with dementia connect with the world around them.

Sensory Modulation in Dementia Care

Assessment and Activities for Sensory-Enriched Care

Tina Champagne


How to adapt and use sensory modulation-based approaches with older adults with dementia.
When tasked with providing activities for older people in care, it can be difficult to know where to begin. What constitutes an activity? How can you make sure activities are positive and person-centred? What can you actually do? Offering advice, encouragement and a wealth of practical suggestions, this is an indispensable companion for carers.

**Visiting the Memory Café and other Dementia Care Activities**
Evidence-based Interventions for Care Homes
*Edited by Caroline Baker and Jason Corrigan-Charlesworth*
Foreword by Dr G. Allen Power


Outlining the enhancing dementia care programme developed by the editors, this book looks at the activities trialled within care homes and gives evidence of their success.

**Positive Communication**
Activities to Reduce Isolation and Improve the Wellbeing of Older Adults
*Robin Dynes*


A collection of over 100 structured activities for use with groups of older people that are designed to improve overall physical health and emotional wellbeing. Each activity comes with specific instructions for delivery along with helpful handouts and additional resources.

**The Activity Year Book**
A Week by Week Guide for Use in Elderly Day and Residential Care
*Anni Bowden and Nancy Lewthwaite*


For care staff looking after older people, coming up with ideas for activities to keep their residents engaged and stimulated can be challenging. The Activity Year Book solves this problem, offering week by week themed activities. It has activities relating to every important date in the calendar, encouraging discussion around these events.

**Life Story Work with People with Dementia**
Ordinary Lives, Extraordinary People
*Edited by Polly Kaiser and Ruth Eley*
Forewords by Tommy Dunne and Joyce Dunne


Supporting the current focus on living well with dementia, this book shows how to carry out Life Story Work with people with dementia in a variety of settings. Focusing on the practicalities and highlighting its benefits, this book also includes case studies which inspire the provision of individualised care.

**Remembering Yesterday, Caring Today**
Reminiscence in Dementia Care: A Guide to Good Practice
*Pam Schweitzer and Errollyn Bruce*
Foreword by Faith Gibson


Practical guide to reminiscence in dementia care; examining how it can contribute to person-centred care and containing detailed descriptions of activities that can be used in a variety of situations.
Doll Therapy in Dementia Care
Evidence and Practice
Gary Mitchell
Foreword by Sally Knocker
2016 | £17.99 | $29.95 | 136pp | PB |

Doll therapy can be a comforting intervention for people with dementia, but ethical issues make it a hotly debated topic. This is the first book to look closely at the issues, using theory and current research to advocate the use of dolls in therapeutic practice.

Puppetry in Dementia Care
Connecting through Creativity and Joy
Karrie Marshall
2013 | £19.99 | $34.95 | 264pp | PB |

Demonstrating the many ways in which puppetry and associated art forms can be used in a person-centred way to communicate and connect with people with dementia; even in the later stages of the disease.

Transforming the Quality of Life for People with Dementia through Contact with the Natural World
Fresh Air on My Face
Edited by Jane Gilliard and Mary Marshall
2011 | £16.99 | $26.95 | 160PP | PB |
ISBN-9780857005441

Demonstrating why we should provide opportunities for people with dementia to experience the great outdoors, and exploring the many different ways they can safely interact with and experience nature.

Design for Nature in Dementia Care
Garuth Chalfont
2007 | £19.99 | $34.95 | 182PP | PB |

Practical ways to incorporate nature into indoor and outdoor environments and offer a connection to nature for people living with dementia.

A Creative Toolkit for Communication in Dementia Care
Karrie Marshall
2015 | £15.99 | $27.95 | 200PP | PB |

Overflowing with creative activities, this toolkit will help carers and relatives support and communicate effectively with people with dementia. Portraits, parlour games, puppets and more can be used to build relationships with people who may no longer be able to rely upon words and memories.

“The book is inspirational, practical, and educational. It demonstrates how creative communications in caregiving can support the well-being of people with dementia.”

– Berna Huebner, Founder and Director, Hilgos Foundation

Playfulness and Dementia
A Practice Guide
John Killick
2012 | £16.99 | $27.95 | 120PP | PB |

Enrich the lives of people with dementia through the use of playfulness and creativity in dementia care.

Creativity and Communication in Persons with Dementia
A Practical Guide
John Killick and Claire Craig
2011 | £19.99 | $36.95 | 216PP | PB |

Exploring how creativity can be crucial in maintaining communication in dementia care; including suggestions for a range of settings, and covering all the practical considerations.
ACTIVITIES AND CREATIVE IDEAS

Reminiscence and Life Story Work
A Practice Guide
Faith Gibson
eISBN-9780857003386

Develop the attitude, knowledge, understanding, and skills needed to use reminiscence with people of all ages.

Reminiscence Theatre
Making Theatre from Memories
Pam Schweitzer
eISBN-9781846425714

A comprehensive guide to the nature, practice and therapeutic effects of reminiscence theatre.

EXERCISING AND PHYSICAL WELLBEING

Yoga for Dementia
A Guide for People with Dementia, Their Families and Caregivers
Tania Plahay
Foreword by Martin Green
eISBN-9781845043335

Explains the benefits of yoga for people with dementia with exercises for improving associated symptoms.

Chair Yoga
Seated Exercises for Health and Wellbeing
Edeltraud Rohnfeld
Illustrated by Edeltraud Rohnfeld

This is the complete, step-by-step and fully illustrated guide to chair yoga, which can be practiced by virtually anyone to stimulate physical and mental well-being. It is particularly beneficial for those with limited mobility, including the elderly, individuals rehabilitating after injury or illness and people with physical disabilities.

Chair Yoga DVD
Seated Exercises for Health and Wellbeing
Edeltraud Rohnfeld
Illustrated by Edeltraud Rohnfeld

DVD of two 40-minute yoga sequences specially developed for people without the range of movement necessary for mat work.

Qigong for Wellbeing in Dementia and Aging
Stephen Rath
Illustrated by LauRha Frankfort

This book presents easy-to-follow Qigong exercises and key nutritional information that can help older people, who may be frail or have limited mobility, to improve and maintain their health and mobility, and to address symptoms associated with dementia. Accompanying illustrations guide the reader through each exercise.

Also of interest

Yoga Therapy for Parkinson’s Disease and Multiple Sclerosis
Jean Danford

Guide to yoga for Parkinson’s disease and multiple sclerosis.

Yoga Therapy for Stroke
A Handbook for Yoga Therapists and Health Care Professionals
Arlene A. Schmid and Marieke Van Puymbroeck
Forewords by Matthew J. Taylor and Linda Williams

Evidence-based yoga therapy.
Group Music Activities for Adults with Intellectual and Developmental Disabilities

Maria Ramey

A versatile collection of 100 group music activities designed specifically for adults with intellectual disabilities and developmental disorders.

Music Therapy in Dementia Care
Edited by David Aldridge

A comprehensive look at music therapy as a means of improving memory, health and identity in those suffering from dementia.

Healing Arts Therapies and Person-Centred Dementia Care
Edited by Anthea Innes and Karen Hatfield

Practical advice for arts therapists and health care professionals on how music, dance and the visual arts can be used in partnership with person-centred care to improve quality of life for people with dementia.

The Creative Arts in Dementia Care
Practical Person-Centred Approaches and Ideas
Jill Hayes with Sarah Povey
Foreword by Shaun McNiff

Improve emotional and social well-being for people with dementia using this creative map of care; including easy-to-follow examples and detailed case studies.

Connecting through Music with People with Dementia
A Guide for Caregivers
Robin Rio

How caregivers can use melody or rhythm to connect with someone who may be otherwise non-responsive, and how memories can be stimulated by music that resonates with a part of someone’s past.

Improving Memory through Creativity
A Professional’s Guide to Culturally Sensitive Cognitive Training with Older Adults
Amanda Alders Pike

Research based, culturally-sensitive strategies for improving memory through creativity.

The Creative Arts in Palliative Care
Edited by Nigel Hartley and Malcolm Payne

Guidance on successful application of the creative arts in palliative care.

Art Therapy and Creative Coping Techniques for Older Adults
Susan I. Buchalter

Innovative creative projects and exercises to help older adults express themselves creatively and better cope with major life changes.
**Overcoming Challenges in the Mental Capacity Act 2005**

Practical Guidance for Working with Complex Issues  
*Camillia Kong and Alex Ruck Keene*  
Foreword by Anselm Eldergill  
Provides guidance for assessing mental capacity and best interests in accordance with the MCA 2005.

**Effective Self-Care and Resilience in Clinical Practice**

Dealing with Stress, Compassion Fatigue and Burnout  
*Edited by Sarah Parry*  
Foreword by Paul Gilbert  
An exploration of how compassion can enable clinical practitioners to foster hope and resilience for themselves and their clients.

**Challenging Stress, Burnout and Rust-Out**

Finding Balance in Busy Lives  
*Teena J. Clouston*  
Practical tools and techniques to find life balance and wellbeing at individual, family and community levels.

**Leading Good Care**

The Task, Heart and Art of Managing Social Care  
*John Burton*  
Foreword by Debbie Sorkin  
**2015 | £25.00 | $45.00 | 208pp | PB | ISBN-9781849055512 | eISBN-9780857009852**  
A must-have for social care managers to inspire and establish better practice.

**Video Enhanced Reflective Practice**

Professional Development through Attuned Interactions  
*Edited by Hilary Kennedy, Miriam Landor and Liz Todd*  
This edited book presents the applications, theory and research behind Video Enhanced Reflection Practice, a professional development tool which enables professionals and trainees to analyse their own practice to make more informed decisions about how to improve their communication, therapeutic or teaching skills in more problematic situations.

**Values in Health and Social Care**

An Introductory Workbook  
*Ray Samuriwo, Ben Hannigan, Stephen Pattison and Andrew Todd*  
Rich in case studies, practical activities and downloadable resources, this is a beginner’s guide to how values are formed and developed in varying professional contexts across health and social care services. It invites the reader to reflect on their own values, and on how these define the quality of the care they deliver.

**Care Act 2014**

An A-Z of Law and Practice  
*Michael Mandelstam*  
**2017 | £35.00 | $65.00 | 288pp | PB | ISBN-9781849055598 | eISBN-9780857009913**  
This book fully explains the provisions of the Care Act 2014 and its implications for health and social care in the UK. Written by a leading authority in the field, it addresses the issues arising from the new legislation and its impact on everyday health and social care practice.
Challenges in Professional Supervision
Current Themes and Models for Practice
Liz Beddoe and Allyson Davys
An authoritative guide to the issues, trends and developments taking place in professional supervision practice. Drawing on the latest research and theory it explores new and innovative modes, models and skills being employed to carry out supervision across professions such as health, social care and counselling.

Critical Supervision for the Human Services
A Social Model to Promote Learning and Value-Based Practice
Carolyn Noble, Mel Gray and Lou Johnston
A key text introducing critical supervision as a new model for the helping professions, covering theory and practice.

Evaluation in Dementia Care
Edited by Anthea Innes and Louise McCabe
A practical and theoretical text on evaluating care at different levels and in different settings.

PERSONAL ACCOUNTS AND MEMOIRS

Will I Still Be Me?
Finding a Continuing Sense of Self in the Lived Experience of Dementia
Christine Bryden
Foremost dementia advocate Christine Bryden challenges the idea of loss of self in dementia.

Dementia Activist
Fighting for Our Rights
Helga Rohra
Turns dementia stereotypes on their heads with this candid memoir. Speaking about her diagnosis, day-to-day life and experience of advocacy, she proves that a dementia diagnosis doesn’t mean you have to give up on life.

Nothing about us, without us!
20 years of dementia advocacy
Christine Bryden
The foremost dementia advocate addresses the key issues faced by people with dementia in inspiring and memorable terms.

Who will I be when I die?
Christine Bryden
Christine Bryden describes her remarkable emotional, physical and spiritual journey in the three years immediately following her diagnosis of dementia.
What the hell happened to my brain?
Living Beyond Dementia
Kate Swaffer
Forewords by Dr Shibley Rahman, Glenn Rees and Richard Taylor

Drawing on her own experiences, Kate Swaffer explores the daily challenges faced by those diagnosed with young onset dementia. Challenging the notion of ‘prescribed disengagement’, Kate offers a fresh perspective on how to live beyond dementia, and how family, friends and dementia care professionals can support people post diagnosis.

“The scope of Kate’s book is beyond that which anyone else with dementia has attempted. She reflects upon loneliness, guilt, driving, aged care, writing and advocacy.”
– John Killick, Australian Journal of Dementia Care

Dancing with Dementia
My Story of Living Positively with Dementia
Christine Bryden

Christine Bryden was a top civil servant and single mother of three children when she was diagnosed with dementia at 46. Since then she has gone on to challenge almost every stereotype by campaigning for self-advocacy, writing articles and speaking at national conferences. This book is a vivid account of the author’s experiences of dementia.

“I have been amazed, moved and profoundly challenged… This book is highly relevant to everyone whose lives are touched by dementia in whatever way… Christine, we thank you for your courage, and salute your persistent labour and achievements”
– Journal of Dementia Care

People with Dementia Speak Out
Edited by Lucy Whitman
Afterword by Professor Graham Stokes

People from a wide range of backgrounds reflect on their experiences of living with dementia, and what impact the condition has had on their lives. This timely collection offers a much-needed opportunity to hear the voices of people with dementia, as they demystify the condition and break down stigma and stereotypes.

A Personal Guide to Living with Progressive Memory Loss
Sandy Burgener and Prudence Twigg

Practical guidance for coping with progressive memory loss, including examples from real people.

Telling Tales About Dementia
Experiences of Caring
Edited by Lucy Whitman

In this book, thirty carers from different backgrounds and circumstances share their experiences of caring for a parent, partner or friend with dementia. This unique collection of personal accounts will be an engaging read for anyone affected by dementia in a personal or professional context, including social workers, practitioners and care staff.
Are the Keys in the Freezer?
An Advocate’s Guide for Alzheimer’s and Other Dementias
*Patricia Woodell, Brenda Niblock and Jeri Warner*


The story of a family’s struggle to navigate the confusing world of dementia care choices for their mother.

Losing Clive to Younger Onset Dementia
One Family’s Story
*Helen Beaumont*


Clive was diagnosed with Younger Onset Dementia at age 45, when his children were aged just 3 and 4. Clive’s wife, Helen, tells of how they made it through the next six years until Clive died, continually adapting to his progressive deterioration.
Intellectual Disabilities and Dementia
A Guide for Families
Karen Watchman
2017 | £14.99 | $24.95 | 120PP | PB |

The questions and concerns that arise when a relative with an intellectual disability is diagnosed with dementia can be overwhelming. This understanding guide acknowledges and answers questions on the progression of dementia, medication, short-term and long-term care plans, and presents need-to-know information in an accessible way.

Hearing the Person with Dementia
Person-Centred Approaches to Communication for Families and Caregivers
Bernie McCarthy
2011 | £12.99 | $18.95 | 112PP | PB |

This book clearly explains what happens to communication as dementia progresses. Advocating a person-centred approach to dementia care, the author describes methods of verbal and non-verbal communication, techniques for communicating with people who cannot speak or move easily, and strategies for communicating more effectively.

Dad’s Not All There Any More
A comic about dementia
Alex Demetris
2015 | £7.99 | $12.95 | 32PP | PB |

When Pete started hallucinating clowns in the corner his son knew something wasn’t quite right. Here, Alex Demetris draws on his father’s experience of Lewy Body Dementia (LBD) to shed light on the condition. Exploring both physical and mental changes, this comic shows how LBD symptoms affect people with the condition and their loved ones.

Dementia – Support for Family and Friends
Dave Pulsford and Rachel Thompson
2012 | £13.99 | $24.95 | 240PP | PB |

This comprehensive yet accessible book, written specifically for friends and relatives, offers practical advice and support that can help ensure the best possible quality of life for people with dementia and the people around them.

My Book about Brains, Change and Dementia
What is Dementia and What Does it Do?
Lynda Moore
Illustrated by George Haddon
JUL 2018 | £10.99 | $16.95 | 48PP | HB |

A unique and honest children’s book helping children under 5 understand what dementia is and how it affects their relatives.

Grandma’s Box of Memories
Helping Grandma to Remember
Jean Demetris
Illustrated by Alex Demetris
2014 | £10.99 | $17.95 | 32PP | HB |

This beautifully-illustrated story helps to explain dementia to children aged 4 to 7 years in a gentle and engaging way.
**The Dementia Diaries**
A Novel in Cartoons  
Matthew Snyman and Social Innovation Lab Kent  
Foreword by Angela Rippon


Brie, Fred, Sarah, and Sam tell you what it’s really like to care for a relative who has dementia. Funny, moving and honest, their illustrated diary entries will completely alter your understanding of dementia. The book also contains practical tips and activities for young people who have a relative with the illness.

“A beautiful book from the first page to the last word.”  
– Anne Child, MBE

**Can I tell you about Dementia?**
A guide for family, friends and carers  
Jude Welton  
Illustrated by Jane Telford


Meet Jack – an older man with dementia. Jack invites readers to learn about dementia from his perspective, helping them to understand the challenges faced by someone with dementia and the changes it causes to memory, communication and behaviour. This illustrated book is an ideal way to introduce dementia to children and aid family discussions.

**Books for Healthcare Professionals and Care Home Staff**

**Supporting Older People Using Attachment-Informed and Strengths-Based Approaches**
Imogen Blood and Lydia Guthrie


Understand the implications of attachment theory for work with older people, with practical guidance and tools for working in a strengths-based way.

**Providing Good Care at Night for Older People**
Practical Approaches for Use in Nursing and Care Homes  
Diana Kerr and Heather Wilkinson


Providing the information, knowledge and practical skills needed to deliver positive and appropriate care at night – from tackling common issues to the importance of staff self-care.

**Developing Excellent Care for People Living with Dementia in Care Homes**
Caroline Baker


The award-winning PEARL programme has been proven to dramatically increase the wellbeing of people with dementia living in care homes. This concise and accessible guide describes the key criteria of the programme, and explains how dementia care practitioners and managers can implement them.

“This book is a real pearl. It’s written by compassionate people who have years of experience and who have thought carefully about how to make things better. There is something for everyone to learn from them.”  
– Professor Dawn Brooker
Dementia Care Training Manual for Staff Working in Nursing and Residential Settings
Danny Walsh
ISBN-9781846425356
Practical, interactive resource, packed with exercises and discussion points to help front-line workers deliver the highest standard of dementia care.

How to Make Your Care Home Fun
Simple Activities for People of All Abilities
Kenneth Agar
ISBN-9781846428814
Examining the need for activities for elderly people in care, this invaluable resource offers a practical and varied programme of entertaining activities that can be used in a diverse range of settings.

The Importance of Food and Mealtimes in Dementia Care
The Table is Set
Grethe Berg
ISBN-9781846425165
Exploring how mealtimes in dementia care can be used as natural opportunities for meaningful interaction, socialising and reminiscing, and more.

Involving Families in Care Homes
A Relationship-Centred Approach to Dementia Care
Bob Woods, John Keady and Diane Seddon
ISBN-9781846426780
Practical advice and good practice guidelines on helping families to become partners in the caring process when a loved one with dementia moves into residential care.

A Matter of Life and Death
60 Voices Share their Wisdom
Rosalind Bradley
Foreword by Archbishop Emeritus Desmond Tutu
People from all walks of life share their insights and wisdom about death and dying.

Supporting People through Loss and Grief
An Introduction for Counsellors and Other Caring Practitioners
John Wilson
A comprehensive guide to counselling and supporting people experiencing loss and grief.

End of Life Care and Bereavement

End of Life Care for People with Dementia
A Person-Centred Approach
Laura Middleton-Green, Jane Chatterjee, Sarah Russell and Murna Downs
Providing compassionate, person-centred care for a person with dementia as they approach the end of life is a key issue in dementia care. This book provides practical strategies to ensure physical and emotional wellbeing, guidance on ethical issues, and useful examples for practice.

“There are lots of books being published about dementia right now and most do add value to the body of literature available but not all are as readable and accessible as the new offering from the University of Bradford’s School of Dementia Studies. Murna Downs and her team should be commended for this book.”

– Celia Di Cicco, Princess Alice Hospice
**Time to Talk about Dying**
How Clergy and Chaplains Can Help Senior Adults Prepare for a Good Death
*Fred Grewe*

**Pathways through Care at the End of Life**
A Guide to Person-Centred Care
*Anita Hayes, Claire Henry, Margaret Holloway, Katie Lindsey, Eleanor Sherwen and Tes Smith*

This guide provides clergy and chaplains with essential tools for supporting senior adults, helping them to feel comfortable about death and dying before they begin to approach life’s end. Focusing on strengthening relationships with loved ones, it applies unique therapeutic methods for promoting a positive experience of ageing.

**SPIRITUAL CARE**

**Spiritual Care for People Living With Dementia using Multisensory Interventions**
A Practical Guide for Chaplains
*Richard Behers*

**Spirituality in Hospice Care**
How Staff and Volunteers Can Support the Dying and Their Families
*Edited by Andrew Goodhead and Nigel Hartley*  
*Foreword by the Rt Revd Dr Barry Morgan*

An examination of the best ways for chaplains to meet the spiritual needs of people living with dementia.

**Ethical Questions in Healthcare Chaplaincy**
Learning to Make Informed Decisions
*Pia Matthews*

This book dissects the ethical challenges faced by healthcare chaplains every day. Bringing together case studies, legal advice and invitations for contemplation, this book helps both professional and volunteer chaplains to reflect on their practice and provide the highest level of support to patients.

**Final Chapters**
Writings About the End of Life
*Edited by Roger Kirkpatrick*

30 short stories and poems about dying and bereavement provide insight into grief and facing death.
Revealing the richness and depth of understanding that chaplaincy brings to direct work with patients, these new in-depth case studies and critical responses from other chaplains and healthcare professionals give insight into key areas that are receiving increasing attention such working with veterans, children, and use of ritual.

People are asking more and more questions about life and meaning as they are growing older and living for longer. There are increasing opportunities to engage with spiritual well-being later in life. This book provides a comprehensive study of spirituality and ageing, with newly updated material on recent developments in this field.

In an increasingly secular society chaplaincy is no longer widely accepted as a necessary element of palliative care. A meditative reflection on the role played by hospice chaplains, this book argues that chaplains have a vital part to play in the care of a patient, their family, and those supporting them.

Shows how psychologically informed spiritual care can meet the needs of patients in health care settings.

Explores how care providers to critically and terminally ill persons can understand and engage with extreme distress as a process where spiritual experiences of transcendence happen.

Detailed case studies and critical reflections provide an honest insight into how healthcare chaplains actually work with the people in their care.

How and why to provide and deliver effective spiritual care in contemporary healthcare contexts.
SPIRITUAL CARE

Spiritual Accompaniment and Counselling
Journeying with psyche and soul
Edited by Peter Madsen Gubi
Foreword by Professor Elaine Graham
2015 | £16.99 | $27.95 | 192pp | PB | isbn-9781849054805 | eisbn-9780857008619

How spiritual accompaniment and counselling can inform each other, to improve the spiritual dimension of care across professions.

Facilitating Spiritual Reminiscence for People with Dementia
A Learning Guide
Elizabeth MacKinlay and Corinne Trevitt
2015 | £22.99 | $34.95 | 112pp | PB | isbn-9781849055734 | eisbn-9781784500184

Learn how to facilitate meaningful spiritual reminiscence sessions with people with dementia.

Finding Meaning in the Experience of Dementia
The Place of Spiritual Reminiscence Work
Elizabeth MacKinlay and Corinne Trevitt
2012 | £22.99 | $39.95 | 304pp | PB | isbn-9781849052481 | eisbn-9780857006578

Presents the findings of the first major study on spiritual reminiscence with people with dementia.

Spirituality and Personhood in Dementia
Albert Jewell
2011 | £21.99 | $36.95 | 224pp | PB | isbn-9781849051545 | eisbn-9780857003522

Presents the theoretical structure and practical understanding required for an inter-disciplinary approach to spirituality and personhood.

SAFEGUARDING ADULTS

Self-Neglect and Hoarding
A Guide to Safeguarding and Support
Deborah Barnett
Feb 2018 | £19.99 | $29.95 | 264pp | PB | isbn-9781785922725 | eisbn-9780857005691

Guide to safeguarding adults and older people who exhibit hoarding and self-neglecting behaviours.

Anti-discriminatory Practice in Mental Health Care for Older People
Edited by Pauline Lane and Rachel Tribe
2017 | £22.99 | $39.95 | 360pp | PB | isbn-9781849055611 | eisbn-9780857009470

Provides mental health students and practitioners with the key knowledge to carry out anti-discriminatory practice while working with older people from minority groups. With contributions from experts in mental health and care for older people, it looks at issues for practice, such as access to services for minority groups.

A Practical Guide to the Mental Capacity Act 2005
Putting the Principles of the Act into Practice
Matthew Graham and Jakki Cowley
Foreword by Alex Ruck Keene
2015 | £19.99 | $45.00 | 192pp | PB | isbn-9781849055308 | eisbn-9780857009401

A practical guide for health and social care professionals on the Mental Capacity Act 2005, enabling more informed and effective practice.

Quick Guide to Community Care Practice and the Law
Michael Mandelstam
2010 | £14.99 | $27.95 | 192pp | PB | isbn-9781849050838 | eisbn-9780857003737

A jargon-free explanation of community care practice and the law for busy practitioners.
The Equality Act 2010 in Mental Health
A Guide to Implementation and Issues for Practice
Edited by Hári Sewell

A critical guide for understanding and implementing the Equality Act 2010 in mental health services.

Community Care Practice and the Law
Fourth Edition
Michael Mandelstam
2008 | £45.00 | $75.00 | 640pp | PB | ISBN-9781843106913 | eISBN-9781846428593

The leading guide to the legislation and central government guidance affecting community care.

Good Practice in Safeguarding Adults
Working Effectively in Adult Protection
Edited by Jacki Pritchard

A comprehensive overview of the latest policy, guidance, legislation and practice in adult protection.

Safeguarding Adults and the Law
Michael Mandelstam
2013 | £40.00 | $69.95 | 672pp | PB | ISBN-9781849053006 | eISBN-9780857006264

Sets safeguarding adults within an extensive legal framework and provides many useful pointers for practitioners and students.

Recording Skills in Safeguarding Adults
Best Practice and Evidential Requirements
Jacki Pritchard with Simon Leslie

Everything you need to know to keep accurate, effective and complete records in safeguarding adults work.

Counselling and Psychotherapy with Older People in Care
A Support Guide
Felicity Chapman

How to support the mental health and wellbeing of older people in care through counselling and psychotherapy.

Rebuilding Your Life after Stroke
Positive Steps to Wellbeing
Reg Morris, Malin Falck, Tamsin Miles, Julie Wilcox, Sam Fisher-Hicks

Exploring the psychological impact of having a stroke, this book provides ways of learning to deal with these effects. Full of practical advice, and insight from stroke survivors, it gives guidance on how to accept and live with some of the long-lasting effects of a stroke.
**Forgiveness is Really Strange**  
\textbf{Masi Noor and Marina Cantacuzino}  
\textit{Art by Sophie Standing}  
Science-based comic exploring the psychology of the human capacity to forgive and the effects of forgiveness.

**Forgiveness in Practice**  
\textit{Edited by Stephen Hance}  
Explores what forgiveness really looks like in practice and how we might better understand this core aspect of human relationships.

**Integrated Care in Action**  
A Practical Guide for Health, Social Care and Housing Support  
\textbf{Robin Miller, Hilary Brown and Catherine Mangan}  
Shows what works in implementing integration initiatives across health, social care and housing.

**Hidden Cameras**  
Everything You Need to Know About Covert Recording, Undercover Cameras and Secret Filming  
\textbf{Joe Plomin}  
A complete guide to the practical, moral and logistical considerations of covert filming.

**The Forgiveness Project**  
\textbf{Stories for a Vengeful Age}  
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